



### **Synopsis:**

Aphrodite women always stand out. Go to any public venue and wait for the moment of recognition: There she is—the “it” girl. Tall and slim, or short and slim, blond or raven or red-haired, it matters not. Whether she dresses like a princess or a prostitute, she has the unmistakable spark that is the touch of Aphrodite.

Aphrodite is the golden goddess of love and beauty in Greek mythology. Women who embody the Aphrodite archetype have much less choice in how they behave or react than they, or others, imagine. The myths tell us that Aphrodite qualities are essential for the joy of life, but the shadow side of Aphrodite manifests when a woman is completely identified with Aphrodite’s powers, when other archetypal qualities of the feminine are unimportant to her. The tragedies that result from this are the subject of numerous well-known novels and films and exemplified in the lives of certain actresses and other celebrities, all considered here.

### **Suggested questions & topics for discussion with Arlene Landau:**

- How did your journey lead you to become a Jungian analyst?
- Are there certain types of men who are attracted to glittery Aphrodite types? These glittery women are often wearing their 5-inch stilettos and rhinestone studded belts.
- Please describe your writing process that led to the writing of your recent book, “Tragic Beauty?”
- Do you have advice for people wishing to become a therapist?
- Your book is about the goddess Aphrodite: what in you gravitated toward this topic?
- I understand you are an Aphrodite type woman (what does this mean) how does this work with being a Jungian analyst?
- You analyze patients in Romania on Skype who are in training to become analysts; how did this evolve?
- Beauty and ageing: why is the dark side of the pursuit of beauty especially apparent in ageing?